



Cristina Bredicean

Cetățenie: română Data nașterii: 09/07/1976 Gen: Feminin

☎ Număr de telefon: (+40) 0722424301 ✉ E-mail: bredicean.ana@umft.ro

📍 Acasă: Bran 2, 300144 Timisoara (România)

EXPERIENȚA PROFESIONALĂ

Profesor Universitar - Disciplina de Psihiatrie Adulti , Departamentul Neuroștiinte
Universitatea de Medicină și Farmacie "Victor Babeș" [2023 - În curs]

Localitatea: Timisoara | Țara: România

Medic coordonator Compartiment Psihiatrie
Spitalului Clinic Militar de Urgenta "Dr. Victor Popescu" Timisoara [16/09/2020 - În curs]

Localitatea: Timisoara | Țara: România

Conferentiar Universitar- Disciplina de Psihiatrie Adulti , Departamentul Neuroștiinte
Universitatea de Medicină și Farmacie "Victor Babeș" [2022 - 2023]

Localitatea: Timisoara | Țara: România

Șef Lucrări- Disciplina de Psihiatrie Adulti, Departamentul Neuroștiințe
Universitatea de Medicină și Farmacie "Victor Babeș" [2013 - 2022]

Localitatea: Timisoara | Țara: România

Asistent Universitar- Disciplina de Psihiatrie Adulti, Departamentul Neuroștiințe
Universitatea de Medicină și Farmacie "Victor Babeș" [2011 - 2013]

Localitatea: Timisoara | Țara: România

Preparator Universitar- Disciplina de Psihiatrie Adulti, Departamentul Neuroștiințe
Universitatea de Medicină și Farmacie "Victor Babeș" [2006 - 2011]

Localitatea: Timisoara | Țara: România

Medic primar psihiatru

[01/01/2013 - În curs]

Localitatea: Timisoara | Țara: România

Medic specialist psihiatru

[01/01/2008 - 31/12/2012]

Localitatea: Timisoara | Țara: România

EDUCAȚIE ȘI FORMARE PROFESIONALĂ

Atestat de abilitare

Universitatea de Medicină și Farmacie "Victor Babeș" [2022]

Adresă: O.M. 6268/17.11.2022 Psihiatrie si psihoterapie din perspectiva rezilientei la nivel individual si sistemic, Timisoara

Doctor în Medicină

Universitatea de Medicină și Farmacie "Victor Babeș" [2011]

Adresă: Nr. 77/23.06.2011, seria H NR 0004877 Modele clinico-evolutive ale tulburării schizoafective comparativ cu schizofrenia , 300041 Timisoara (România)

Medic rezident psihiatru

Universitatea de Medicină și Farmacie "Victor Babeș" [2003 – 2007]

Adresă: Str. Eftimie Murgu Street nr. 2, 300041 Timisoara (România)

Medic

Universitatea de Medicină și Farmacie "Victor Babeș" [1995 – 2001]

Adresă: Str. Eftimie Murgu Street nr. 2, 300041 Timisoara (România)

COMPETENȚE LINGVISTICE

Limbă(i) maternă(e): română

Altă limbă (Alte limbi):

engleză

COMPREHENSIUNE ORALĂ C2 CITIT C2 SCRIS B2

EXPRIMARE SCRISĂ B2 CONVERSAȚIE B2

franceză

COMPREHENSIUNE ORALĂ C2 CITIT C2 SCRIS C2

EXPRIMARE SCRISĂ C2 CONVERSAȚIE C2

Niveluri: A1 și A2 Utilizator de bază B1 și B2 Utilizator independent C1 și C2 Utilizator experimentat

COMPETENȚE

Procesarea informațiilor

Microsoft Excel / Microsoft Word / Microsoft Office / Google Docs

Comunicare

Zoom / Social Media / Skype / Facebook / LinkedIn

Creare de conținut

Microsoft Powerpoint

PUBLICAȚII

[2010]

First Episode Psychosis and Treatment Delay – Causes and Consequences

Articol cotat ISI- co-autor

Psychiatria Danubina, 2010, nr. 4, vol. 22, pg. 540-543

[2017]

Health-related quality of life in patients with hallux valgus

Articol cotat ISI- autor principal

Romanian Journal of Morphology and Embryology, 58(1):175–179, 2017

[2017]

A rare case of Meckel-Gruber syndrome

Articol cotat ISI- autor principal

Romanian Journal of Morphology and Embryology, 58(3):1023-1027, 2017

[2018]

The utility of indirect imagistic signs in the diagnosis of anterior cruciate ligament ruptures

Articol cotat ISI- autor principal

Romanian Journal of Morphology and Embryology, 59(3) ISSN (online) 2066-8279

[2020]

The influence of cognitive schemas on the mixed anxiety-depressive symptoms of breast cancer patients

Articol cotat ISI- autor principal

BMC women's health, 20(1), 1-10. 2020

[2020]

Interrelation between defensive mechanisms and coping strategies in psychiatry trainees in Romania: a multicenter study.

Articol cotat ISI- autor principal

Annals of General Psychiatry, 19(1), 1-9, 2020

[2020]

Effectiveness of Family Stress-Relief Interventions for Patients with Dementia: A Systematic Evaluation of Literature

Articol cotat ISI- autor principal

Neuropsychiatric disease and treatment, 16, 629,2020

[2020]

Clinical factors influencing antipsychotic choice, dose and augmentation in patients treated with long acting antipsychotics.

Articol cotat ISI- autor principal

FARMACIA, 68(1), 35-41,2020

[2020]

Evolution of Heart Rate Variability and Heart Rate Turbulence in Patients with Depressive Illness Treated with Selective Serotonin Reuptake Inhibitors.

Articol cotat ISI- autor principal

Medicina, 56(11), 590

[2021]

Thought Suppression in Primary Psychotic Disorders and Substance/Medication Induced Psychotic Disorder.

Articol cotat ISI- autor principal

[2021]

Social Inferences as Mediators of Wellbeing in Depression

Articol cotat ISI- autor principal

Neuropsychiatric Disease and Treatment 2021:17 1679–1687

[2021]

Burnout Toll on Empathy Would Mediate the Missing Professional Support in the COVID-19 Outbreak

Articol cotat ISI- autor principal

Risk Management and Healthcare Policy 2021:14 2231–2244

[2021]

Well-Being, Depression, and Anxiety following Oncoplastic Breast Conserving Surgery versus Modified Radical Mastectomy Followed by Late Breast Reconstruction.

Articol cotat ISI- autor principal

International Journal of Environmental Research and Public Health. 2021 Jan;18(17):9320.

[2021]

Carcinomatous like mastitis due to axillary lymphadenopathy in a case of nasopharyngeal carcinoma: A case report

Articol cotat ISI- autor principal

Experimental and therapeutic medicine. 2021 Sep 1;22(3):1-7.

[2014]

The images of psychiatry scale : development, factor structure and reliability

Articol cotat ISI- co-autor

BMC Psychiatry, 14(1):337, doi:10.1186/s12888-014-0337-1, 2014

[2015]

Images of psychiatry and psychiatrists

Articol cotat ISI- co-autor

Acta Psychiatr Scandinavia, 131: 21–28 DOI: 10.1111/acps.12368, 2015

[2016]

The impact of coping on the somatic and mental status of patients with COPD: a cross-sectional study

Articol cotat ISI- co-autor

Int J Chron Obstruct Pulmon Dis. 11: 1343–1351, 2016

[2017]

Integrative clinico-biological, pharmacogenetic, neuroimaging, neuroendocrinological and psychological correlations in depressive and anxiety disorders

Articol cotat ISI- co-autor

Rom J Morphol Embryol, 58(3):767–775, 2017

[2017]

The effect of neurobiological changes in the brain of children with schizophrenia, ultra high-risk for psychosis and epilepsy: clinical correlations with EEG and neuroimaging abnormalities

Articol cotat ISI- co-autor

Rom J Morphol Embryol , 58(4):1435–1446,2017

[2018]

Modern molecular study of weight gain related to antidepressant treatment: clinical implications of the pharmacogenetic testing

Articol cotat ISI- co-autor

Rom J Morphol Embryol 59(1), ISSN (online) 2066–8279, 2018

[2018]

Profiling undergraduate students from a Romanian medical university

Articol cotat ISI- co-autor

Neuropsychiatric Disease and Treatment 2018:14 1891-1899, 2018

[2019]

Comparative Study Using Progesterone and Gynipral - Hexoprenaline Sulphate, with Effects in Postpone Preterm Birth

Articol cotat ISI- co-autor

Revista de chimie 69 No. 4 934-937 , 2018

[2019]

A novel approach to cardiovascular disturbances in patients with schizophrenia spectrum disorders treated with long-acting injectable medication

Articol cotat ISI- co-autor

Neuropsychiatric Disease and Treatment 2-19: 15 349-355, 2019

[2019]

Affective theory of mind in Parkinson's disease: the effect of cognitive performance

Articol cotat ISI- co-autor

Neuropsychiatric Disease and Treatment 2019 : 15 2521-2535, 2019

[2019]

Staging of Schizophrenia with the use of PANSS: an International Multi-Center Study

Articol cotat ISI- co-autor

International Journal of Neuropsychopharmacology (2019) 22 (11): 681-697, 2019

[2020]

Influence of depression and self-esteem on oral health-related quality of life in students

Articol cotat ISI- co-autor

Journal of International Medical Research 48(2) 1-11, 2020

[2020]
Modeling psychological function in patients with schizophrenia with the PANSS: an international multi-center study

Articol cotat ISI- co-autor

Cambridge University Press, 2020

[2020]
Prolactin response to antipsychotics : An inpatient study

Articol cotat ISI - Co-Author

Plos/One, 2020

[2021]
The contribution of individual mental health and socioeconomic status to the evolution of elderly patients with chronic heart failure.

Articol cotat ISI- co-autor

Rivista di Psichiatria. Mar 1;56(2):107-12.,2021

[2021]
Cardiovascular Abnormalities and Mental Health Difficulties Result in a Reduced Quality of Life in the Post-Acute COVID-19 Syndrome

Articol cotat ISI- co-autor

Brain Sciences. Nov;11(11):1456, 2021

[2021]
Validation of the Romanian Version of the Toronto Empathy Questionnaire (TEQ) among Undergraduate Medical Students

Articol cotat ISI- co-autor

International Journal of Environmental Research and Public Health. 2021 Jan;18(24):12871.

[2021]
Unilateral Orbital Metastasis as the Unique Symptom in the Onset of Breast Cancer in a Postmenopausal Woman: Case Report and Review of the Literature.

Articol cotat ISI- co-autor

Diagnostics. Apr;11(4):725, 2021

[2022]
Results of the COVID-19 mental health international for the general population (COMET-G) study.

Articol cotat ISI- co-autor

European Neuropsychopharmacology. Jan 1;54:21-40. 2022

[2022]

The Relation between Negative Automatic Thoughts and Psychological Inflexibility in Schizophrenia

Articol cotat ISI - Autor principal

J. Clin. Med. 2022, 11(3), 871

[2022]

Quality of Life in Patients with Chronic Psychotic Disorders: A Practical Model for Interventions in Romanian Mental Health Centers

Articol cotat ISI - co-autor

Medicina, 58(5), 615.

[2022]

Suicidality Related to the COVID-19 Lockdown in Romania: Structural Equation Modeling

Articol ISI - co-autor

Front Psychiatry. 2022; 13: 818712.

[2022]

The effect of different degrees of lockdown and self-identified gender on anxiety, depression and suicidality during the COVID-19 pandemic: Data from the international COMET-G study.

Articol cotat ISI- Co-autor

Psychiatry Research , volume 315, september 2022, 114702

[2022]

Validation of the Romanian Version of the Social Media Addiction Scale-Student Form (SMAS-SF) Among Undergraduate Medical Students

Articol cotat ISI- autor principal

Neuropsychiatr Dis Treat. 2022; 18: 1195–1205.

[2023]

Results of the COVID-19 mental health international for the health professionals (COMET-HP) study: depression, suicidal tendencies and conspiracism.

Articol cotat ISI- Coautor

Soc Psychiatry Psychiatr Epidemiol. 2023 Mar 3:1–24. doi: 10.1007/s00127-023-02438-8.

[2024]

Non-binary gender, vulnerable populations and mental health during the COVID-19 pandemic: Data from the COVID-19 Mental health inTernational for the general population (COMET-G) study.

articol ISI - Coautor

Journal of Affective Disorders 2024 May 1;352:536-51.

[2024]

The interconnection between social media addiction, alexithymia and empathy in medical students.

Articol cotat ISI - Coautor

Frontiers in Psychiatry. 2024 Sep 19;15:1467246.

[2024]
Somatic multicomorbidity and disability in patients with psychiatric disorders in comparison to the general population: a quasi-epidemiological investigation in 54,826 subjects from 40 countries (COMET-G study).
articol cotat ISI - Coautor

CNS spectrums. 2024 Apr;29(2):126-49.

[2024]
Aggression and the Big Five Personality Factors Among Fitness Practitioners and Pre-Workout Consumers.
Articol cotat ISI - Coautor

Behavioral Sciences. 2024 Nov 25;14(12):1131.

[2025]
Treatment and long-term outcome of mental disorders: the grim picture from a quasi-epidemiological investigation in 54,826 subjects from 40 countries.
Articol cotat ISI- coautor

Psychiatry Research. 2025 Mar 24:116459.

[2025]
Novel Insights into Addiction Management: A Meta-Analysis on Intervention for Relapse Prevention
Articol cotat ISI - autor principal

Medicina. 2025 Mar 28;61(4):619.

PERMIS DE CONDUCERE

Permis de conducere: B

DISTINCȚII ONORIFICE ȘI PREMII

[05/2024] Conferinta Nationala de Psihiatrie
Relatia dintre anxietatea de sanatate si tulburarile de somn in patologia cardiovasculara
premiul II

[2021] Ministerul Apărării Naționale
Emblema de onoare a Medicinii Militare

[2021] Romanian Healthcare Awards
Campania Medicală a Anului „Împreună pentru viitor!”
premiul I

[2019] Congres Național de psihiatrie, Sănătate mintală și psihiatrie: tradiții, provocări și perspective
Patologia psihotică relația dintre autostigmatizare și gen
premiul I

[2019] 23rd World congress of social psychiatry

The relationship between self-esteem and self-stigmatization in psychotic disorders

premiul I

CAPITOLE DE CARTE

Schizofrenia si tulburarile de spectru

pg. 235-279, Editura Brumar Timișoara 2012, ISBN 978-973-602-722-2

Caiet de stagiou pentru psihiatrie adulți

Editura „Victor Babeș”, Timișoara. ISBN: 978-606-8456-11-9, 2013

Practical Notebook for Adult Psychiatry

ISBN 978-606-8054-86-5, 2014

Cahier de Stage Psychiatrie Adultes

ISBN 978 - 606 - 8456 - 00 -3, 2014

Curs de psihiatrie generală

ISBN 978-606-8054-61-2, 2014

Psihoterapiile cognitive și comportamentale în tulburările de personalitate - aplicatii practice și noi direcții -

cap 6 Terapia comportamentală (BT) în abordarea tulburărilor de personalitate pg. 195-215

Editura Trei ISBN 978-606-40-0176-4 , 2017

Tehnici de interventie în asistența integrată a consumatorului de droguri

Editura Sitech, ISBN 978-606-11-6358-8, 2018

Ingrijirea bolnavului cu tulburari in sfera sanatatii mentale si a psihiatriei -curs pentru asistente medicale

Curs pentru asistente medicale

ISBN: 978-606-786-167-9 ,2020

Psihiatrie

Curs pentru asistentele medicale

ISBN: 978-606-786-166-2 , 2020

STUDII CLINICE

[2008]

Protocol F1Y-EW-HMGD-Escitalopram

Coordonator de studiu

[2012]

Early switching strategy for non-response to antipsychotics in schizophrenia - SWITCH

2012- Co-Investigator

PROIECTE DE CERCETARE

[2019 - 2022]

Impactul utilizării rețelelor de socializare asupra performanței academice și a gradului de empatie a studenților medicali

Proiect UMFT

[07/2019 - 12/2019]

Spațiul cultural bănățean între normalitate, anormalitate și supranatural- A doua ediție

Membru

[05/2018 - 11/2018]

Spațiul cultural bănățean între normalitate, anormalitate și supranatural - Prima Ediție

INTERREG-IPA CBC Romania-Serbia Programme 2017- 2019 "Improved health care in neurology and psychiatry - longer life"

COMPETENȚE DE MANAGEMENT ȘI CONDUCERE

Comitet de organizare- în cadrul Asociației Psihiatrice Timișoara

Conferințe Naționale

Simpozioane Științifice

Conferințe Naționale cu participare internațională

Medic coordonator Centrul de Vaccinare

Spitalul Clinic Militar "Dr. Victor Popescu"

20/12/2020 - 11/03/2022 Timisoara România

COMPETENȚE DE COMUNICARE ȘI INTERPERSONALE

Formare în Psihoterapie comportamentală și cognitivă

2004-2006

Raportarea, contractarea și decontarea serviciilor spitalicești

2016

Managementul serviciilor de sănătate

2017

